

Year 4

| Core Theme | Autumn | Spring | Summer |
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| <p>Health and Wellbeing</p> | <p>Emotional Health Children should:</p> <ul style="list-style-type: none"> • be able to show understanding of difference including disability <p>RHE MEDIUM TERM PLAN</p> | <p>Healthy Eating/Body Healthy and safe Children will learn:</p> <ul style="list-style-type: none"> • about what food is healthy and why • to recognise opportunities to make their own choices about food, what might influence their choices and the benefits of eating a balanced diet <p>Taught within DT</p> <p>Drug education Children will learn:</p> <ul style="list-style-type: none"> • about the effects of smoking and how to make safe decisions <p>Decision making Children should:</p> <ul style="list-style-type: none"> • be able to describe the effects of smoking and how to make safe decisions <p>RHE MEDIUM TERM PLAN</p> <p>Decision Making Healthy and safe Children will learn:</p> <ul style="list-style-type: none"> • how to make informed choices (including recognising that choices can have positive, neutral and negative consequences) <p>Children should:</p> <ul style="list-style-type: none"> • begin to understand the concept of a 'balanced lifestyle' <p>RHE MEDIUM TERM PLAN</p> <p>Children should:</p> <ul style="list-style-type: none"> • develop strategies for keeping physically and emotionally safe including road safety, safety in the environment and safety online (including social media, the responsible use of ICT and mobile phones) • know that they have a right to keep things 'private'; <p>Taught within Computing</p> | <p>Strong feelings Children will learn:</p> <ul style="list-style-type: none"> • about strong feelings and mood swings/ changes in mood <p>Children should:</p> <ul style="list-style-type: none"> • be able to express these feelings in writing <p>RHE MEDIUM TERM PLAN</p> <p>Relationship and sex education Children will learn:</p> <ul style="list-style-type: none"> • about the emotional changes they may experience during puberty <p>Children should:</p> <ul style="list-style-type: none"> • understand how they will begin to change <p>RHE MEDIUM TERM PLAN</p> <p>Exclusion/inclusion Children will learn:</p> <ul style="list-style-type: none"> • to deepen their understanding of good and not so good feelings, to extend their vocabulary to enable them to explain both the range and intensity of their feelings to others <p>RHE MEDIUM TERM PLAN</p> |

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| <p>Relationships</p> | <p>Types of relationship Children will learn:</p> <ul style="list-style-type: none"> • that civil partnerships and marriage are examples of stable, loving relationships and a public demonstration of the commitment made between two people who love and care for each other and want to spend their lives together and who are of the legal age to make that commitment <p>Taught within RE Lessons</p> <p>Exclusion/inclusion Children will learn:</p> <ul style="list-style-type: none"> • about equal opportunities and their importance <p>Children should:</p> <ul style="list-style-type: none"> • recognise how images in the media do not always reflect reality and can affect how people feel about themselves <p>RHE MEDIUM TERM PLAN</p> <p>Anti-Bullying Persuasion and pressure Anti-bullying Children will learn:</p> <ul style="list-style-type: none"> • that their actions affect themselves and others • about the concept of 'keeping something confidential or secret', when we should or should not agree to this and when it is right to 'break a confidence' or 'share a secret' <p>RHE MEDIUM TERM PLAN</p> | <p>Rights and responsibilities Children should:</p> <ul style="list-style-type: none"> • know what 'privacy' means and about the importance of keeping things certain things 'private' and what not to keep private. • know the importance of respecting others' privacy <p>Taught within Computing</p> <ul style="list-style-type: none"> • recognise that their increasing independence brings increased responsibility to keep themselves and others safe <p>RHE MEDIUM TERM PLAN</p> <p>Persuasion and pressure Children should:</p> <ul style="list-style-type: none"> • be able to judge what kind of physical contact is acceptable or unacceptable and how to respond • be able to demonstrate some basic techniques for resisting peer pressure <p>RHE MEDIUM TERM PLAN</p> | <p>Relationships/Feelings Healthy and safe Emotional Health - self-awareness Values Children will learn:</p> <ul style="list-style-type: none"> • about different types of relationships including friends and families, civil partnerships and marriage <p>Children should:</p> <ul style="list-style-type: none"> • understand that there are a variety of relationships <p>Loss and separation Emotional Health Children will learn:</p> <ul style="list-style-type: none"> • about how it feels to lose someone <p>Children should:</p> <ul style="list-style-type: none"> • be able to identify who can help them with difficult feelings <p>RHE MEDIUM TERM PLAN</p> |
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| <p>Living in the Wider World</p> | <p>Anti-bullying Citizenship / British Values - media literacy Children will learn: • about sources of persuasion including the media Children should: • be able to recognise some persuasive media tactics e.g. on television adverts Taught within English</p> <p>E-Safety Me in the Wider World Healthy and safe Citizenship / British Values - media literacy Children will learn: • the importance of protecting personal information, including passwords, addresses and images Taught within Computing</p> | <p>Diversity Children will learn: • about the lives of people living in other places, and people with different values and customs Taught within English</p> <p>Children should: • appreciate the range of national, regional, religious and ethnic identities in the United Kingdom Taught within RE</p> <p>Personal Safety Children will learn: • about situations which could cause them personal risk • that these universal rights are there to protect everyone and the importance of national law and family and community practices RHE MEDIUM TERM PLAN</p> | <p>Rights and Responsibilities Emotional Health Citizenship / British Values - rights and responsibilities Children will learn: • about types of behaviour and their consequences Children should: • be able to give examples of right and wrong RHE MEDIUM TERM PLAN</p> <p>Children will learn: • about what voluntary agencies do Harvest Festival - Turning the Tide Reverse Advent Calendar Children should: • reflect on and celebrate their achievements, identify their strengths, areas for improvement, set high aspirations and goals</p> <p>Setting personal goals Children will learn: • how to set goals and targets for themselves Children should: • produce a personal plan Taught within RE/ RHE MEDIUM TERM PLAN</p> |
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