

# Year 6

Core Theme	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Health and Wellbeing	<p><u>Self-confidence – valuing others</u> Children will learn:</p> <ul style="list-style-type: none"> <li>• about taking on more personal responsibility</li> </ul> <p><u>Stereotypes and changing views</u> Children will learn:</p> <ul style="list-style-type: none"> <li>• that differences and similarities between people arise from a number of factors, including family, cultural, ethnic, racial and religious diversity, age, sex, gender identity, sexual orientation, and disability (see 'protected characteristics' in the Equality Act 2010)</li> </ul> <p>Children should:</p> <ul style="list-style-type: none"> <li>• be aware of the need to challenge these</li> </ul>	<p><u>Drug education</u> Children will learn:</p> <ul style="list-style-type: none"> <li>• effects and risks of drugs and the consequences of use</li> </ul> <p>Children should:</p> <ul style="list-style-type: none"> <li>• be able to describe effects and risks, understand consequences of drug use and know where to go for help</li> <li>• about how their own lifestyle contributes to health</li> <li>• what is meant by the term 'habit' and why habits can be hard to change</li> </ul> <p><u>Risk Assessment</u> Children will:</p> <ul style="list-style-type: none"> <li>-deepen their understanding of risk by recognising, predicting and assessing risks in different situations and deciding how to manage them responsibly (including sensible road use, cycle safety through a Bikeability programme and risks in their local environment) and to use this as an opportunity to build resilience</li> </ul>	<p><u>Self-confidence – valuing others</u> Children will learn:</p> <ul style="list-style-type: none"> <li>• that everyone has human rights, all peoples, all societies and that children have their own special rights set out in the United Nations Declaration of the Rights of the Child</li> <li>• be able to demonstrate how their actions affect others</li> </ul>	<p><u>Online Safety</u> Children will:</p> <ul style="list-style-type: none"> <li>-be able to differentiate between the terms, 'risk', 'danger' and 'hazard' e.g. use of mobile phones; internet etc. – in reference possibly to 'grooming'; cyber bullying; gang culture and possibly sexting</li> <li>-explore and critique how the media present information</li> </ul>	<p><u>Relationship and sex education – what do we mean by love?</u> Children will learn:</p> <ul style="list-style-type: none"> <li>• that there is nothing that they should be afraid to ask about</li> <li>• about how to manage requests for images of themselves or others; what is and is not appropriate to ask for or share; who to talk to if they feel uncomfortable or are concerned by such a request</li> <li>• about development from birth and specific body parts</li> <li>• be able to name these parts and understand their function</li> <li>• about human reproduction</li> </ul> <p>Children should:</p> <ul style="list-style-type: none"> <li>• realise that human reproduction is an adult activity</li> <li>• explore questions about RSE</li> </ul>	<p><u>Moving on</u> Children will learn:</p> <ul style="list-style-type: none"> <li>• about change, including transitions (between Key Stages and schools), loss, separation, divorce and bereavement</li> </ul> <p>Children should:</p> <ul style="list-style-type: none"> <li>• have a range of coping strategies</li> </ul>

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer2
Relationships	<p><u>Conflict resolution</u> Emotional Health Children will learn:</p> <ul style="list-style-type: none"> <li>• about how to deal with conflicts as they arise</li> <li>• to suggest strategies for handling conflict</li> <li>• about how to deal with bullies</li> </ul> <p>Children should:</p> <ul style="list-style-type: none"> <li>• be able to recognise and manage 'dares'</li> <li>• be able to recognise how "peer acceptance" may be influential in their actions and behaviours</li> <li>• recognise that reaching positive solutions usually involves negotiation and compromise</li> </ul> <p><u>Secrets and dilemmas</u> Values Healthy and safe Children will learn:</p> <ul style="list-style-type: none"> <li>• about handling moral dilemmas and when to tell</li> </ul> <p>Children should:</p> <ul style="list-style-type: none"> <li>• show understanding through role-play</li> </ul>		<p><u>Strong emotions</u> Emotional Health Children should:</p> <ul style="list-style-type: none"> <li>• recognise that they may experience conflicting emotions and when they might need to listen to their emotions or overcome them</li> <li>• be able to express what it means to be in charge</li> </ul> <p><u>Racism and its consequences</u> Values – diversity and equal opportunities Children will learn:</p> <ul style="list-style-type: none"> <li>• about aggressive behaviour</li> <li>• that actions have consequences – emotionally as well as physically and that bullying and racist behaviours are wrong</li> <li>• how it feels to be excluded or discriminated against</li> </ul> <p>Children should:</p> <ul style="list-style-type: none"> <li>• understand about bullying and racism</li> </ul>		<p><u>Relationship and sex education</u> – what do we mean by love? Children will learn:</p> <ul style="list-style-type: none"> <li>• about parenting and love</li> </ul> <p>Children should:</p> <ul style="list-style-type: none"> <li>• appreciate there are different types of love e.g. parental love, partner love, friendship love etc.</li> <li>• be aware that marriage is a commitment freely entered into by both people, that no one should enter into marriage if they don't absolutely want to do so</li> </ul>	

	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
Living in the Wider World	<p><u>Stereotypes and changing</u> Emotional Health Values Children will learn:</p> <ul style="list-style-type: none"> <li>• about images and stereotypes</li> </ul> <p><u>Money and saving</u> Citizenship / British Values – financial capability, work Children will learn:</p> <ul style="list-style-type: none"> <li>• about saving and spending</li> </ul> <p>Children should:</p> <ul style="list-style-type: none"> <li>• run a simple marketing project in teams</li> </ul>					