

Year 3

Core Theme	Autumn	Spring	Summer
Health and Wellbeing	<p>Healthy and safe Children will learn:</p> <ul style="list-style-type: none"> • that bacteria and viruses can affect health and that following simple routines can reduce their spread <p>Marwell Trip</p> <p>Emotional Health – self-awareness Children will learn:</p> <ul style="list-style-type: none"> • that people’s feelings can be hurt (including what makes them feel comfortable and uncomfortable) • about critical thinking and decision making <p>Peer Mediation</p> <p>Healthy and safe Children will learn:</p> <ul style="list-style-type: none"> • about outdoor places and how to behave responsibly <p>Marwell trip</p>	<p>Emotions and feelings/Anti-bullying Children will learn:</p> <ul style="list-style-type: none"> • how to deal with feelings, how to cope with pressure <p>Anti-bullying RHE Topic and RHE</p> <p>Keeping safe Healthy and safe Children will learn:</p> <ul style="list-style-type: none"> • about risks they may face <p>Children should:</p> <ul style="list-style-type: none"> • be able to describe what risk is and how this may affect decisions <p>Topic Links</p> <p>Emotions and feelings – (looking at pressure) Children will learn:</p> <ul style="list-style-type: none"> • what positively and negatively affects their physical, mental and emotional health (including the media) <p>Children should:</p> <ul style="list-style-type: none"> • know who they can talk to if they are beginning to feel pressured <p>Topic and RHE</p>	<p>Drug Education Children will learn:</p> <ul style="list-style-type: none"> • about medicines and everyday drugs and how to deal with unhelpful pressure • school rules about health and safety, basic emergency aid procedures, where and how to get help, burns and scalds, bites and stings • calling 999 in an emergency <p>Children should:</p> <ul style="list-style-type: none"> • be able to ask for help or assistance <p>RHE Drug Education</p> <p>Children should:</p> <ul style="list-style-type: none"> • know how to brush their teeth effectively <p>Teeth -Science</p>
Relationships	<p>Healthy and safe/Peer influence/pressure Children will learn:</p> <ul style="list-style-type: none"> • the responsible use of mobile phones and safe user habits (time limits, use of passcode, turning it off at night etc.) • how to manage requests for images of themselves or others; what is and is not appropriate to ask for or share 	<p>Healthy relationships Children should:</p> <ul style="list-style-type: none"> • recognise ways in which a relationship can be unhealthy and who to talk to if they need support <p>Topic Links</p> <p>Healthy and safe/Peer influence/pressure Children should:</p>	

E-safety – Computing

Looking after others

Children will learn:

- about behaving responsibly
- the importance of respecting others' privacy
- be able to talk about feelings
- recognise and respond appropriately to a wider range of feelings in other

E-safety – Computing and Peer Mediation

Healthy relationships

Children will learn:

- what constitutes a positive, healthy relationship and develop the skills to form and maintain positive and healthy relationships

Peer Mediation

Families who live far away

Children will learn:

- about extended families

Children should:

- be able to discuss issues for families living overseas

Topic Links

- be able to describe how to deal with unhelpful pressure

Topic Links

Variety of relationships

Children will learn:

- about people who look after them, their family networks, who to go to if they are worried and how to attract their attention, ways that pupils can help these people to look after them
- to identify their special people (family, friends, carers), what makes them special and how special people should care for one another

Topic Links

Personal Identity - self-esteem

Children will learn:

- be able to recognise and celebrate their strengths

Topic Links

Peer influence/pressure

Children will learn:

- that pressure to behave in an unacceptable, unhealthy or risky way can come from a variety of sources, including people they know and the media

Children should:

- be able to recognise when and how to ask for help and use basic techniques for resisting pressure to do something dangerous, unhealthy, that makes them uncomfortable, anxious or that they believe to be wrong.

Topic Links and RHE

<p>Living in the Wider World</p>	<p>British Values – rights and responsibilities Children will learn:</p> <ul style="list-style-type: none"> • that there are different kinds of responsibilities, rights and duties at home, at school, in the community and towards the environment • about school and local democracy <p>RE Creation - <i>Environment and being caretakers</i> RE Hanukkah - <i>British democracy/human rights</i></p> <p>Children should:</p> <ul style="list-style-type: none"> • show an understanding of the role of a school councillor <p>PSHE – Voting for School Council</p> <ul style="list-style-type: none"> • resolve differences by looking at alternatives, seeing and respecting others' points of view, making decisions and explaining choices <p>Peer Mediation</p> <p>British Values – sustainable development, environment Children should:</p> <ul style="list-style-type: none"> • be able to debate about ethics <p>Jambo Rafiki Topic</p> <p>Me and my community Children will learn:</p> <ul style="list-style-type: none"> • what being part of a community means, and about the <u>varied institutions that support communities locally</u> and nationally <p>Harvest Festival Turning the Tide Reverse Advent Calendar</p> <p>Children should:</p> <ul style="list-style-type: none"> • recognise the role of voluntary, community and pressure groups, especially in relation to health and wellbeing <p>Harvest Festival Turning the Tide Reverse Advent Calendar</p>		<p>Councillors – what do they do? Children will learn:</p> <ul style="list-style-type: none"> • why and how rules and laws that protect themselves and others are made and enforced, why different rules are needed in different situations and how to take part in making and changing rules <p>Community RHE</p> <p>Our ideal community Children will learn:</p> <ul style="list-style-type: none"> • about how community facilities work <p>Community RHE</p>
----------------------------------	--	--	--

Where do things come from?

Children will learn:

- about sources of products and Fairtrade

Topic Links- [Cooking](#)