

Year 1		National Curriculum Links:	
Core Theme	Autumn	Spring	Summer
Health and Wellbeing	<p>Awareness of feelings - Mental health and Emotional Wellbeing</p> <p>Children will learn:</p> <ul style="list-style-type: none"> • To identify and discuss my feelings • To explain how feelings can make our bodies feel inside • To describe how other people might be feeling • To identify feelings that are good and not so good • To recognise that people feel differently about things and situations and develop self awareness. • To recognise that feelings can intensify and get stronger • To describe how big feelings can affect someone's behaviour • To suggest things that can help us to feel better • To identify who can help us with our feelings, and how we can help others • To know how to ask for help with feelings <p>Stories: (The River, My Monster and Me, The Colour Monster, Angry Arthur) / role-play activities/ circle times/Zones of regulation RHE MTP Autumn 1.</p> <p>About my body Emotional Health – self-esteem Children will learn:</p> <ul style="list-style-type: none"> • more about parts of the body and how the body works SG <p>Children should:</p> <ul style="list-style-type: none"> • be able to show understanding of key bodily functions SG <p>Science MTP Autumn 1 PE MTP</p> <p>The Mole Who Knew it Was None of his Business</p> <p>Growing and changing Children should:</p> <ul style="list-style-type: none"> • be able to describe some elements of the growth cycle 	<p>Gender Stereotypes.</p> <ul style="list-style-type: none"> • LI: to discuss gender stereotypes and debate whether they are correct. <p>Key texts – She Rex by Michelle Robinson and Julian is a Mermaid.</p> <p>About my body Emotional Health – self-esteem Children will learn:</p> <ul style="list-style-type: none"> • more about parts of the body and how the body works SG <p>Children should:</p> <ul style="list-style-type: none"> • be able to show understanding of key bodily functions SG <p>PE MTP</p> <p>My identity and skills Emotional Health Children will learn:</p> <ul style="list-style-type: none"> • about where they live and belong and what they can do <p>MTP Geography</p>	<p>About my body Emotional Health – self-esteem Children will learn:</p> <ul style="list-style-type: none"> • more about parts of the body and how the body works SG <p>Children should:</p> <ul style="list-style-type: none"> • be able to show understanding of key bodily functions SG <p>PE MTP</p> <p>Growing and changing Children will learn:</p> <ul style="list-style-type: none"> • more about what happens as things grow <p>Children should:</p> <ul style="list-style-type: none"> • be able to describe some elements of the growth cycle (Hatching butterflies) <p>My identity and skills Emotional Health Transition What I am good at What challenges can I set myself?</p>

	<p>Science MTP Autumn 1</p> <p>Consent</p> <ul style="list-style-type: none"> • To identify when I need to ask for permission • To use simple phrases to ask for and accept or refuse permission <p>RHE MTP Autumn 2</p> <p>NSPCC</p> <p>Parts of the body</p> <p>Healthy and safety</p> <p>Children will learn:</p> <ul style="list-style-type: none"> • about their bodies and how they work <p>Science MTP Autumn 1</p>		
Relationships	<p>Who are our friends?</p> <p>Emotional Health – self awareness</p> <p>Healthy and safe</p> <p>Children will learn:</p> <ul style="list-style-type: none"> • about different types of friends, including grown-ups <p>Autumn 1 MTP</p> <p>Autumn 2 MTP</p> <p>Stories:</p> <p>The squirrels who squabbled</p>	<p>Who are our friends? What makes a food friend?</p> <p>Emotional Health – self awareness</p> <p>Healthy and safe</p> <p>Children should:</p> <ul style="list-style-type: none"> • be able to talk about friendship What makes a good friend? • begin to develop a vocabulary to describe their feelings to others and simple strategies for managing feelings SG • Conflict resolutions. Role play scenarios that occur frequently at playtimes and how to resolve them. <p>Key text – The Squirrels who Squabbled by Rachel Bright</p> <p>Spring 1 MTP</p>	
Living in the Wider World	<p>Being different</p> <p>Values – diversity and equal opportunities Citizenship /</p> <p>British Values – sense of community</p> <p>Grandparent’s Tea Party</p> <p>Children should:</p> <ul style="list-style-type: none"> • be able to construct a simple survey <p>Class votes</p> <p>Autumn 1</p> <p>NSPCC Assembly</p> <p>Keeping safe</p>	<p>Being different</p> <p>Values – diversity and equal opportunities Citizenship</p> <p>BAME Rosa Parks MTP History Spring</p> <p>Railway Safety – How to stay safe!</p> <p>Children should:</p> <ul style="list-style-type: none"> • Be able to identify dangers at train stations and near railway lines • To discuss what dangers they may encounter in there local area (e.g. level crossings) 	<p>Being different</p> <p>Values – diversity and equal opportunities Citizenship</p> <p>Influential women Botanical artists,</p> <p>BAME Beatrix Potter/ links to African culture. Uncle Remus Stories / Brer Rabbit</p> <p>Children should:</p> <ul style="list-style-type: none"> • be able to construct a simple survey <p>Class votes</p> <p>Summer 1</p>

	<p>Healthy and safe Citizenship / British Values – participation, rights & responsibilities Children will learn:</p> <ul style="list-style-type: none"> • what ‘privacy’ means and about their right to keep some things ‘private’ SG <p>Co-operative skills Citizenship / British Values – democracy and responsibilities Children should:</p> <ul style="list-style-type: none"> • be able to take part in a class vote <p>Voting on class rules, class treats.</p> <p>Citizenship / British Values – participation, sense of community Children will learn:</p> <ul style="list-style-type: none"> • how to contribute to the life of the classroom <p>Autumn 1 RHE MTP</p> <p>Internet Safety – Revisited Smartie Penguin stories – Internet safety DigiDuck Computing Autumn 1</p> <p>Children will learn: more about differences between fantasy and reality Ongoing : stories/ films /</p>	<p>My identity and skills Children will learn:</p> <ul style="list-style-type: none"> • about where they live and belong and what they can do <p>Geography discussion of Worthing and Broadwater. RE Belonging MTP.</p> <p>British Values The right to express you opinion through striking. Who has been striking recently? Why have they been striking? Do you agree? Would you strike? Debate.</p> <p>Persuasion /reality Emotional Health Anti-bullying Citizenship - responsibilities Children will learn:</p> <ul style="list-style-type: none"> • more about differences between fantasy and reality <p>Internet Safety – Revisited Smartie Penguin stories – Internet safety DigiDuck Computing Spring 1</p> <p>Children will learn: more about differences between fantasy and reality Ongoing : stories/ films /</p>	<p>Beach Safety •LI: To discuss how to stay safe at the beach. How to float. How to stay safe in the sun. Tide times and when to play in the water.</p> <p>Poisons and toxins •LI: To identify toxin or hazard symbols Is everything safe to eat and drink? How can we identify this? How can we keep ourselves safe?</p> <p>Healthy Choices Going to the dentist.</p> <p>Emergencies Basic first aid. How and when to call 999</p> <p>Internet Safety – Revisited Smartie Penguin stories – Internet safety DigiDuck Computing Summer 1</p> <p>Differences between fantasy and reality Link to Supertato and Super Heroes</p>
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